



# “Tiger Packs” Feed ‘em like tigers!

Thank you for supporting Erie UpLink’s Tiger Packs program. Tiger Packs are food-filled backpacks sent home with students from Erie schools with non-perishable, kid-friendly food items to supplement children’s healthy diets over the long weekend or holiday break. At this time, to assure student safety, we are using disposable bags and delivering to student’s doorsteps. Families request Tiger Packs based upon their financial need for food assistance.

**Needed for each Tiger Pack: Please assure expiration dates are at least 6 months from the time of packing.**

- 2 plastic grocery bags (doubled) tied loosely
- 2 Carnation breakfast essentials
- 5 healthy snack/granola bars
- 1 small jar peanut butter (or 2 pb snack cups)
- 1 beef jerky stick/Slim Jim
- 1 fruit cup
- 2 squeezey apple sauces
- 2 cans soup
- 1 can spaghetti or similar
- 3 ramen noodles
- 2 mac-n-cheese boxes
- 2 fruit leathers/fruit snacks/box raisins or raisins
- 1 packet trail mix
- 1 real fruit juice box
- 2 mini cereal box

We appreciate your time and willingness to help us provide Erie students with kid-friendly, healthy, non-perishable food items through Erie UpLink’s Tiger Packs. If you would like more information about Erie UpLink please visit our website at [www.erieuplink.org](http://www.erieuplink.org).

Thankfully,  
Your Erie UpLink Team



*Erie UpLink is a charitable 501(c)(3) organization committed to connecting Erie families with resources to fulfill their basic life needs, including connecting Erie families with opportunities to be of service to one another.*

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